

Panhandle

Public Health District

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For immediate release

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Panhandle Safety & Wellness Conference: September 18, 2025 at the Gering Civic Center

We're excited to invite you to the annual Panhandle Safety & Wellness Conference—a premier event bringing together regional leaders in workplace safety and wellness. Mark your calendar for Thursday, September 18, 2025, and join us at the Gering Civic Center for a full day of expert-led sessions, networking, and actionable strategies to take back to your worksite, organization, hospital, or school.

This year's event will also feature SHRM continuing education credits, providing a valuable opportunity for HR professionals and workplace leaders to earn credits while diving into timely, relevant topics that matter.

We're pleased to welcome Jamie Weingart, owner of JNW Consulting, as our keynote speaker. Her presentation, "Leading the Future of Workplace Professionals," will focus on leveraging individual strengths, building high-performing teams, and aligning organizational strategy with visionary leadership.

"We're proud to bring such a high-quality lineup to the Panhandle," said Nicole Berosek, Wellness and Prevention Program Manager at Panhandle Public Health District. "It's an affordable, content-rich day designed to boost employee wellness and safety—without the burden of long-distance travel."

Berosek added, "We're also excited to honor a local leader with this year's Leading Light Award. It's a special moment that highlights excellence in wellness and safety advocacy across the region."

Bring your wellness and safety committee, HR professionals, leadership teams, and colleagues to take part in this energizing and impactful event.

Additional breakout sessions will address timely topics including: Addressing Poverty in the Workplace

- Building Committees: Empowering New Talent
- Highway Safety: Medical Marijuana and Other Risks



- Balancing Work: Caring for Children and Aging Parents

Space is limited, so get registered today at <http://www.pphd.ne.gov/pwwc.html> or <https://tinyurl.com/4tdwrsbb>. Registration for the full day is \$75.

For additional information about worksite wellness, visit <http://www.pphd.ne.gov/pwwc.html> or call Berosek at 308-279-3496. The Panhandle Worksite Wellness Council is proudly part of Panhandle Public Health District.

The Council specializes in supporting employers in the Panhandle region. We recognize that many employers support a diverse and remote workforce and offer innovative ways to overcome the challenge of working with a virtual team. We understand that many of our employers do not have full-time wellness resources and work to provide resources and training to make running a worksite wellness program as easy as possible.

Panhandle Public Health District is working together to improve the health, safety and quality of life for all who live, learn, work and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle community.